



*Enlightening
the Practice of Medicine*

2015 Summer Chinese Medicine Retreat
Schedule *with*
Heiner Fruehauf & Lonny Jarrett



Tentative Schedule:

Day 1: The Self
Day 2: Not Self
Day3: Favorite treatments and techniques.
Day 4: Conclusion

Wed Evening, 8/19/15:

4-6pm Registration
6-7:00 Dinner
715-9:00 Teaching: Orientation and discussion of meditation.
9:00-10:00 Meditation

Thursday 8/20/15: Dimensions of the Self



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7-8 Qi gong
8-9 Breakfast



9-12 Teaching: Lonny Leads, Heiner Comments:

- a. Mind
- b. Consciousness
- c. Ego
- d. Spirit,
- e. Authentic Self
- f. Soul
- g. Conscience
- h. Shadow.

12-1 Lunch

1:15 to 2:15-Discussion Group: Lonny will lead an inter-subjective discussion group focused on the essence of what emerged from the teaching.

2:30-5:30 Teaching: Continued from Morning

5:30-6: Break

6-7 Dinner

7-9 Teaching: Heiner will Lead a discussion on a topic inspired by the day.

9-10 Meditation.

10-11 Tea



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Friday 8/21/15: Not Self: Gu and Possession

7-8 Qi gong

8-9 Breakfast

9-12 Teaching: Heiner Leads: Not Self: Understanding and Treating Gu & Possession

12-1 Lunch

1:15 to 2:15-Discussion Group: Lonny will lead an inter-subjective discussion group focused on the essence of what emerged from the teaching).

2:30-5:30 Teaching: Heiner Continues from Morning



5:30-6: Break

6-7 Dinner

7-9 Teaching: Lonny Leads: Topic inspired by the day.

9-10 Meditation.



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10-11: Tea

Saturday: Favorite Treatments

7-8 Meditation

8-9 Breakfast

9-12 Teaching: Lonny Leads

A deep look into the Exit and Entry point combinations and how to use them as the center point of treatment design.

12-1 Lunch

1:15 to 2:15-Discussion Group/s: Lonny will lead an inter-subjective discussion group focused on the essence of what emerged from the teaching).

2:30-5:30 Teaching: Heiner leads a discussion on a favorite treatment paradigm.

5:30-6: Break

6-7 Dinner

7-9 Teaching: Lonny & Heiner: A discussion of the relationship between the elemental emotions and virtues.

9-10 Meditation.

Sunday

7-8 Qi gong

8-9 Breakfast

9-12 Teaching: Lonny and Heiner discuss the cutting edge of their respective Inquiries, Q&A, and future directions.

12-1 Lunch, Checkout

3-5 Closing session



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